



Klahanie Association Winter Conditioning

Monday and Wednesday Evenings 7:30-9:00pm
Held at Lakeside Pool with the Bubble
(425) 392-4663

Description of course: This is a great course for kids and teens who have swam on Klahanie Swim Team or are planning on swimming on the Klahanie Swim Team. This class will help the swimmers to practice their technique and keep in shape. Swimmers must be at least 9 years old to participate in this course. If we have room there is a possibility of opening the course to younger swimmers. This is not a swim lesson so it is important that the swimmer be well versed in all strokes.

Session Dates: The course will begin on Feb 22rd and end on April 14th. There will be no classes on March 29th and March 31st due to spring break.

Cost: \$140.00

Registration: Will begin on Jan 30th at 11am at the Lakeside Pool. After that you can register at the association office during business hours. We must have a minimum of 10 participants for this program to run.

The maximum registration for this class is 45 people.

Make-ups: There will be no make-up classes unless class is cancelled by weather conditions or instructor emergencies. In the event of a cancellation, the make-up class will be scheduled by the aquatics director.

Refund Policy: Klahanie Association will not issue refunds for any reason.

Payment and Swimmer Information

Child's Name _____ **Age** _____

Parent's Name _____

Address _____

Phone Number _____ **Payment amount** _____

Check or Money Order ONLY for payment– NO CASH

Special Conditions (medical conditions, medications, allergies, etc.) _____
